

**Corrected table for Page 34.**

Vāta (1)	Pitta (2)	Kapha (3)	Pulse Level	Kapha (3)	Pitta (2)	Vāta (1)
Colon	Gallbladder	Pericardium	1st Level	Bladder	Stomach	Small Intestine
Lung	Liver	Vāta, Pitta, Kapha Circulation	7th Level	Kidney	Spleen	Heart

Although the information contained in this book is based on Ayurvedic principles practiced for thousands of years, it should not be taken or construed as standard medical diagnosis or treatment. For any medical condition, always consult with a qualified physician.

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